

Willows Weekly Update – Week Ending 29th January 2021

As we come to the end of another week, I am aware that this has been a really challenging week for so many.

The week started with the sad news of Sue Richardson's death, thank you to all those who have emailed in with such kind words and loving memories of her. We are keeping all these messages and will collate them into a book of condolence for her family. If you would like to contribute, please email into willows.admin@trafford.gov.uk Some people have asked if they can make a donation to a relevant charity. Sue's son, Aaron (who also worked at RSP for a while), is planning to run a marathon in her memory in October and will be raising money for Cancer Research UK. If anyone would like to support him please follow the link: www.justgiving.com/fundraising/arron-richa?utm Sue's funeral is taking place on Tuesday 9th February at 10.30am. Due to restrictions only close family will be able to attend, however many of us will be paying our respects to her in Timperley at this time. Ever positive, Sue has asked for everyone to wear bright colours.

A number of families have found home learning very tough this week and have reached out for help. Please do not struggle alone, we are always here for you; at the end of a phone or through messages via Tapestry, Seesaw or email. Our online staff are always available and we can offer some bespoke support where appropriate. Many of the staff will be experiencing the same joys and pains as you as they cope with their families at home too, so please know we have every empathy with you. As we always say, do what you can, be kind to yourselves and your families.

The Prime Minister's announcement that schools will not reopen until after 8th March has made this hard week even tougher. We are aware that your and your children's mental health maybe something that you are concerned about. Next week is Mental Health Week.

<https://www.childrensmentalhealthweek.org.uk/> There is a lot of support available please see the following links that you may find useful.

<https://www.place2be.org.uk/>

<https://www.annafreud.org/schools-and-colleges/resources/>

<https://www.childline.org.uk/somethings-not-right>

Trafford Sunrise Zoom Workshops, Covering a range of subjects; anxiety, managing change, behavioural difficulties and communicating with teenagers.

- [Parents of 10-16 year olds - Anxiety workshop](#)
- [Parents of 5-12 year olds - Managing Change workshop](#)
- [Parents of 10-16 year olds - Managing Change workshop](#)
- [Parents of 5-12 year olds - Behavioural Difficulties workshop](#)
- [Parents of 10-16 year olds - Communicating with Teenagers workshop](#)
- [Kooth Parent and Carers session flyer](#)



However, on a positive note, the weather has been better and the days are getting noticeably longer. Sunshine and daylight is always a mood lifter and I hope you have been able to enjoy family time outside. This weekend is the RSPB's 'Big Garden Birdwatch', why not take the opportunity to get involved. The website offers lots of information, fun and games.

https://www.rspb.org.uk/get-involved/activities/birdwatch/?sourcecode=BWMITH0230&channel=paidsearch&gclid=EA1aIQobChMI7PzUptu-7gIVkIBQBh1E8Q3VEAAYASAAEgKUxvD_BwE

Another event to look forward to (for some people anyway!!) is the '6 Nations Rugby Tournament', which starts at the end of next week. I have used this as the theme for my 'Thought for the day' posts for next week. These are on the website under 'Children' and 'Class |pages' <https://willowsprimaryaltrincham.secure-primariesite.net/mrs-warrens-page/> Please feel free to look at these daily with your children at home, it can be like an assembly. We use them every day with the children in school.

I enjoyed a Zoom call with Year 4 home learners this morning and was amused and delighted to hear about their Friday night treats (I know what mine will be – something in liquid form!!) and plans for Saturday and Sunday. I hope you all have something to look forward to and find some rest bite over the weekend.

Look after yourselves and each other.

Take care,

Mrs Warren