

TRAFFORD SCHOOL LUNCH

MENU



Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with Beans or Cheese

Sandwiches



We Serve **15,000 meals per day**, that's **2850,000 per year!**




All our **fish** is **MSC approved** and all our **bananas** and **sugar** are **Fair Trade**





We support **MEAT FREE Mondays**

All our **Beef** is from the **UK or Ireland** and we can **trace every cut of meat** back to the **Farms of Origin**



| | WEEK 1 | WEEK 2 | WEEK 3 |
|-----------|--|---|--|
| Monday | Pizza Whirl Cajun Vegan Bean Chilli Rice, Green Beans and Sweetcorn Mango Smoothie | Pasta Arrabbiata, With Crusty Bread Chickpea and Bean Burritos Peas and Sweetcorn Strawberry Ice Cream | Cheese and Tomato Panini Vegetable Katsu Curry, Mini Naan Bread Brown Rice, Carrots and Green Beans Orange Smoothie |
| Tuesday | Pork and Carrot Meatballs, Pitta Pocket Southern Fried Vegan Burger, Wholemeal Bun Salad, Peas, and Sweetcorn Apple Crumble & Custard | Chicken Korma Curry, Rice Vegan Meat Ball Pitta Pocket Sweetcorn and Beans Raspberry Muffin Cake | Sticky BBQ Chicken Wrap Macaroni Cheese Cauliflower and Peas Orange Fruit Jelly |
| Wednesday | Roast Chicken Dinner with Gravy Quorn Vegan Fillet Roast Potatoes, Cauliflower and Broccoli Banana Angel Delight | Roast Chicken Dinner Yorkshire Pudding "Sneaky" Veg Pie Roast Potatoes, Broccoli, and Carrots Sultana and Oat Biscuits | Beef And Onion Pie, Pastry Lid Quorn Vegan Fillets Roast Potatoes, Broccoli, and Sweetcorn Vanilla Shortbread |
| Thursday | Beef Spaghetti Bolognese, Garlic Bread Vegan Spaghetti Bolognese Peas and Carrots Fruit Jelly | Beef Lasagna Creamy Broccoli Pasta Bake Garlic Bread, Sweetcorn and Cauliflower Fruit Salad and Yogurt | Pork Sausages Vegan Sausages Diced Potatoes, Carrots and Peas Pear Crumble & Custard |
| Friday | Omega 3 Fish Fingers Herby Tomato & Vegetable Pasta Bake Chips, Baked Beans Cherry Flapjack | Salmon Fish Cakes or Fish Fingers Vegetable Samosa's Chips, Baked Beans Chocolate Beetroot Cake | Battered Fish Goujons Vegan Fishless Fingers Chips, Sweetcorn and Beans Lemon Drizzle Cake |



Our **chicken** and **milk** are **Food Standards Assured** and we only use **Lion Quality Eggs**





We can **bespoke our menu's** to reflect your children's **dietary needs**, so that school meals can be **enjoyed by all children**