



All our **Beef** is from the **UK** or **Ireland** and we can **trace every cut of meat** back to the **Farms of Origin**

We support **MEAT FREE Mondays**



All our **fish** is **MSC approved** and all our **bananas** and **sugar** are **Fair Trade**



We Serve **15,000 meals per day**, that's **2850,000 per year!**



TRAFFORD SCHOOL LUNCH MENU



WEEK 1

WEEK 2

WEEK 3

Monday

Vegan Sweet Potato and Chickpea Curry
Moroccan Falafels in Herby Tomato Sauce
Roast Vegetable Couscous
Frozen Mango Smoothie

Roast Vegetable & Tomato Pasta Bake
Sweet Potato Falafels & Roast Pepper Wrap
Salad, Sweetcorn
Frozen Raspberry Smoothie

Deli Selection - Choice of Tuna Melt, Cheese and Tomato Baguette, or Vegan Meatball Sub
Salad, Peas and Potato Wedges
Frozen Orange Smoothie

Tuesday

BBQ Chicken, Wholemeal Pitta
Mexican Bean Chilli, Crusty Baguette
Peas and Sweetcorn
Apple Crumble & Custard

Chilli Con Carne, Rice
Vegetable Chilli Con Carne, Rice
Peas, Green Beans
Chocolate Beetroot Brownie

Chicken Curry, Rice, Naan Bread
Vegetable Curry, Rice, Naan Bread
Cauliflower and Peas
Pear Sponge and Custard

Wednesday

Pasta Meatball Bake in Tomato Herb Sauce
Macaroni Cheese, Garlic Bread
Green Beans, Sweetcorn
Cheese and Crackers

Roast Chicken Dinner, Yorkshire Pudding
Roast Quorn Vegan Fillet
Roast Potatoes, Broccoli, and Cauliflower
Fruit Medley

Roast Turkey Dinner, Yorkshire Pudding
Roast Vegan Quorn Fillet
Roast Potatoes, Green Beans, Carrot Batons
Peaches and Cream

Thursday

Butchers Sausage and Wedges
Vegan Sausage and Wedges
Broccoli and Carrot Batons
Fruits of the Forest Jelly

Beef Burger in Bun
Vegan Quorn Burger
Mixed Salad, Sweetcorn and Wedges
Strawberry Whip with Strawberry Slices

Sausage Roll
Vegan Sausage Roll
Wedges, Peas, Sweetcorn
Orange Jelly with Mandarin Segments

Friday

Breaded Fish Fillet
Wholemeal Cheese and Tomato Pizza
Chips, Baked Beans
Fresh Fruit and Yoghurt

Bubble Battered Salmon Fillet or Fish Fingers
Omelette
Chips, Baked Beans
Fresh Fruit and Yoghurt

Breaded Omega 3 Fish Fingers
Vegan Fishless Fillet
Chips, Baked Beans
Fresh Fruit and Yoghurt

Available Daily

Fresh Salad

Jugs of Water

Yoghurt

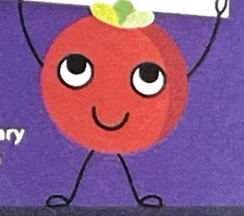
Fresh Fruit

Jacket Potato with Beans or Cheese

Sandwiches



Our chicken and milk are **Food Standards Assured** and we only use **Lion Quality Eggs**



We can **bespoke our menu's** to reflect your children's **dietary needs**, so that school meals can be **enjoyed by all children**



Trafford Services for Education, Trafford Town Hall, Talbot Road, Trafford, M32 0TH
Telephone: **0161 912 5556** Email: **Catering&CleaningAdmin@trafford.gov.uk** Website: **trafford.gov.uk**

