

TRAFFORD SCHOOL LUNCH MENU



Available Daily

- Fresh Salad
- Jugs of Water
- Yoghurt
- Fresh Fruit
- Jacket Potato with Beans or Cheese
- Sandwiches

Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs

All our Beef is from the UK or Ireland and we can trace every cut of meat back to the Farms of Origin

We support MEAT FREE Mondays

All our fish is MSC approved and all our bananas and sugar are Fair Trade

We Serve 15,000 meals per day, that's 2850,000 per year!

	WEEK 1	WEEK 2	WEEK 3
Monday	Vegan Burger Creamy Broccoli Pasta Bake Skin on Potato Wedges, Green Beans Frozen Mango Smoothie	Roast Vegetable & Tomato Pasta Bake Cheese Whirl Salad, Sweetcorn Frozen Raspberry Smoothie	Wrap Day- Selection of Cheese and Tomato Wrap, Beetroot Falafel Wrap or Tuna Salad Salad, Peas and Potato Cubes Frozen Orange Smoothie
Tuesday	Cajun Chicken Fillet Burger Vegetable Burger in Wholemeal Bun Peas and Sweetcorn, Potato Cubes Pear Crumble & Custard	Beef Lasagna, Garlic Bread Plant Based Lasagna, Garlic Bread Peas, Green Beans Chocolate Beetroot Brownie	Spaghetti Bolognese, Garlic Bread Vegan Spaghetti Bolognese, Garlic Bread Broccoli, Sweetcorn Apple Sponge and Custard
Wednesday	Pork and Carrot Meat Ball Pasta Veggie Meat Ball Pasta Green Beans, Sweetcorn Cheese and Crackers	Creamy Chicken Pie with Puff Pastry Lid Roast Quorn Vegan Fillet Roast Potatoes, Broccoli, and Cauliflower Fruit Medley	Roast Beef Dinner, Yorkshire Pudding Roast Vegan Quorn Fillet Roast Potatoes, Green Beans, Carrot Batons Peaches and Cream
Thursday	Sausage Rolls Vegan Sausage Rolls Broccoli and Carrot Batons Fruits of the Forest Jelly	Butchers Sausage Hot Dog in Roll Vegan Hot Dog in Roll Mixed Salad, Sweetcorn and Wedges Strawberry Whip with Strawberry Slices	Chicken Curry, Rice, Naan Bread Vegetable Curry, Rice, Naan Bread Cauliflower and Peas Orange Jelly with Mandarin Segments
Friday	Breaded Fish Fillet Cheese and Tomato Frittata Chips, Baked Beans Fresh Fruit and Yoghurt	Bubble Battered Salmon Fillet or Fish Fingers Vegetable Samosa's Chips, Baked Beans Fresh Fruit and Yoghurt	Breaded Omega 3 Fish Fingers Vegan Fishless Fillet Chips, Baked Beans Fresh Fruit and Yoghurt

