

All our Beef is from the **UK or Ireland** and we can trace **every cut** of meat back to the **Farms of Origin**

We support **MEAT FREE Mondays**

All our fish is **MSC approved** and all our bananas and sugar are **Fair Trade**

We Serve **15,000 meals per day**, that's **2850,000 per year!**

TRAFFORD SCHOOL LUNCH MENU

WEEK 1

WEEK 2

WEEK 3

We only buy dairy from British and Irish farmers

MONDAY	Margarita Pizza (V) Tomato Power Pasta (VE) Peas, Mixed Salad & Roast Sweet Potato (VE) Frozen Fruit Smoothie (VE)	Margarita Pizza (V) Tomato Power Pasta (VE) Peas, Mixed Veg & Rainbow Slaw (V) Frozen Fruit Smoothie (VE)	Margarita Pizza (V) Cheesy Creamy Pasta Bake (V) Green Beans, Mixed Salad & Potato Salad (V) Frozen Fruit Smoothie (VE)
TUESDAY	BBQ Chicken Wrap BBQ Ranger Beans Pitta (VE) Couscous, Green beans and Carrots (VE) Fresh Fruit and Yogurt (V)	Butchers Sausage & Mash Plant Power Sausage & Mash (VE) Peas and Carrots (VE) Fresh Fruit and Yogurt (V)	Piri Piri Chicken Taco Sweet Chilli Rainbow Veg Noodles (V) Roast Sweet Potato & Broccoli (VE) Fresh Fruit and Yogurt (V)
WEDNESDAY	Beef Bolognese Big Bold Bolognese (VE) Garlic Bread & Mixed Salad (VE) Apple Crumble & Custard (V)	Homemade Lasagna Roast Vegetable Harvest Lasagna (V) Garlic Bread & Mixed Salad (VE) Peach Melba Crunch (V)	Loaded Chilli Con Carne Wedges Loaded Mexican Chilli Bean Wedges (VE) Sweetcorn & Green beans (VE) Banana Split, Chocolate Drizzle (V)
THURSDAY	Roast Ham Dinner, Yorkshire Pudding Zesty Green Pesto Spaghetti, Garlic Bread (VE) Broccoli & Sweetcorn (VE) Chocolate Orange Pots (V)	Roast Chicken Dinner, Yorkshire Pudding Mexican Style Bean Burrito (VE) Broccoli & Carrots (VE) Caramelized Pineapple Slice (VE)	Pork Meatballs, Spaghetti, Tomato Sauce Super Saucy Planet Balls, Tomato Sauce (VE) Garlic Bread, Mixed Salad (VE) Ice Cream Pot (V)
FRIDAY	Fish Fingers or Salmon Fish Cake Crispy Quorn Fish Fillet (VE) Chips & Baked Beans (VE) Banana Cake with Chocolate Drizzle (V)	Harry Ramsden Fish Fillet or Tuna Wrap Crispy Quorn Fish Fillet (VE) Chips & Baked Beans (VE) Carrott Cake (V)	Fish Fingers or Tuna Melt Panini Crispy Quorn Fish Fillet (VE) Chips and Baked Beans (VE) School Sprinkle Cake (V)

Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with Beans or Cheese

Our chicken and milk are Food Standards Assured and we only use **Lion Quality Eggs**